

LOOKING FOR A WAY TO TRULY SUPPORT WOMEN OF COLOR?

Collective Healing Session

We give women of color the unique opportunity to explore the dynamics between the systems that oppress them and their personal well-being. We show women how to hold space that leads to collective power.

This session is designed to support the healing journey for women who feel like they are carrying the burdens of the world on their shoulder and to remind them of their power to hold themselves and each other sacred. Through a series of guided, healing practices, storytelling and the deconstruction of internalized sexism, we provide women of color with the tools they need personal wellness.

Click here to book this session or to inquire about other ways we can support you and your organization.



Community Engagement
Centered on Healing and Wellness

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